PFLAG Madison

Voice-Mail: 608-848-2333

Email: pflagmadison@gmail.com Website: http://www.pflag-madison.org

Meeting Place:

Friends Meeting House, 1704 Roberts Court, Madison, WI

Meeting:

2:00 to 4:00 PM, 3rd Sunday of the month, Sept. to May National PFLAG Website: http://www.pflag.org

President: Jeanne Williams Treasurer: Paul Wertsch

Board Members: Sandy Feria, Michael Rosenman, and Jackie Wealti

Founded in 1973, PFLAG is the first and largest organization dedicated to supporting, educating, and advocating for LGBTQ+ people and their families.

Next Meeting - December 17, 2023, 2:00PM

Meet Brandon Jones, an exercise physiologist, who wants to improve the health and wellbeing of the transgender community. Transgender youth report lower physical activity levels than cisgender youth so his lab investigated the effects of a puberty blocking drug. His dissertation investigated the effects of a puberty blocking drug (GnRHa) on physical activity and reproductive health in young rats. The research can be used to educate and improve physical activity levels within the transgender community. Dr. Jones' grew up in Belleville and would like to share his research with a supportive LGBTQ+ group in the area.

Join us at 1704 Roberts Ct from 2:00 - 3:00PM followed by an hour of sharing/support time. If you wish to attend via zoom, email pflagmadison@gmail.com for the link and passcode. Free, overflow parking is available at the Madison Public Library, 1705 Monroe St.

PFLAG Meeting Summary November 18, 2023

John Peschl spoke about his role as the LGBTQ+ Teacher Leader at Madison Metropolitan School District. John indicated this position, LGBTO+ Teacher Leader, is one of only 2 in Wisconsin. The program has been in place about 15 years. As John spoke, it was easy to feel his commitment and connection to MMSD. His role includes Student Support, Staff Consultation and Training, Community Partnerships and District-Wide Efforts. Student Support includes things like name/gender changes, gender support planning and crisis referral and response. Staff Consultation and Training includes things such as GSA advisor support, LGBTQIA+ teacher connection, Welcoming Schools and consultation with student services at all levels. Community Partnerships include involvement with Welcoming Schools, OUT for Safe Schools and Transparent Wisconsin. District-Wide Equity Efforts include District-wide communication and advocacy and updating policy and procedures as needed. John also indicated that MMSD district foundational practices include such things as classroom and hallway images showing LGBTQ+ inclusion and pride, making sure that anti-LGBTQ+ comments are addressed immediately school wide and affirmed names and pronouns are used by all. For further information feel free to contact John Peschl at JCPESCHL@Madison.k12.wi.us.

Proud Theater Presents "Commercial Break"

This tackles many of the issues affecting young people today and does so with humor, heart, and honesty. Sometimes outrageous, sometimes profound, the youth share their voices with the community in an uncensored way.



Three dates for the upcoming performances are: December 15, 7:30PM, December 16, 2:30PM, and December 16, 6:30PM at the Madison Youth Arts Center (MyArts) 1055 E. Mifflin St, Madison. Suggested \$10 at the door, email your reservation at <u>reservations@proudtheater.org</u> or visit their Facebook page for more info.

Membership Renewal

Annual dues, \$30 per person or \$40 per couple are due October 1, 2023. See the membership form and submit payment online through our website "donate" button or send your payment directly to our Treasurer, Paul Wertsch. You can find the Membership form at:

http://www.pflag-madison.org/MembershipCurrent.pdf

When submitting payments using PayPal or credit cards, please provide the following information via email to Paul Wertsch, Treasurer, pwertsch@gmail.com:

- Your complete name, mailing address for a tax receipt, and email address to receive the monthly newsletter.
- The amount of money you submitted either as membership (\$30 individual/\$40 family) or as a donation.

Email pwertsch@gmail.com if you have not received a confirmation of past transaction.

* * * *

PLEASE NOTE: If you are viewing the printed version of this newsletter, check the on-line version at http://www.pflag-madison.org/newsletters/2023/Nov23.pdf to easily follow the links that are mentioned in the news items.

* * *

Christmas is not a time or a season but a state of mind. To cherish peace and good will, to be plenteous in mercy, is to have the real spirit of Christmas.

Calvin Coolidge